



GARY KELLY
CANCER SUPPORT CENTRE

Georges Street,
Drogheda, Co. Louth
© 041 98 05100
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www.gkcancersupport.com
www.facebook.com/GKCancerSupport

JANUARY 2021

WIG SERVICE

available on request.
Contact the centre
for details.
Call 086 8202447

LEGAL ADVICE

Free legal consultation service
to current clients of the
centre with a cancer diagnosis.
Appointments are arranged
through the centre at
041 9805100

Entitlements

A community welfare officer
is available for telephone
consultations. To arrange
a telephone consultation
please contact the centre.
Tel: 086 8202447

WEEKLY ONLINE CLASSES

B-Fit with Brenda - Monday 11am- 12 noon
Yoga with Sonia - Tuesday 11.30am-12.30pm
Qi Gong with Deirdre - Wednesday 11am-12noon
Meditation with Sonia - Thursday 11am-12 noon
Yoga Nidra with Alison - Friday 11am-12 noon

ON-LINE CANCER NETWORKING GROUPS

*Multiple Myeloma Networking Group,
Wednesday 6th January, 2pm-3pm*
*Womens Cancer Networking Group,
Monday 11th January, 11am-12 noon*
*Secondary Cancer Networking Group,
Thursday 14th January, 11am-12 noon*
*Mens Cancer Networking Group,
Wednesday 20th January, 2pm-3pm*

ON-LINE TALK

*How to Manage Cancer – Related Fatigue
Tuesday 19th January 2020, at 7pm.
Speaker: Conor Doran,
Chartered Physiotherapist*

Cancer related- fatigue (CRF) is a very common side effect
of cancer treatment. To find how cancer- related fatigue
differs from "normal" tiredness and it's management please
join Conor for a very informative talk.

To join please contact 086 8202447

Prosthesis & Lingerie Service

For Breast Prosthesis and
Lingerie Services please
contact the centre on
086 8202447

Counselling

We provide a Counselling Service
to people diagnosed with cancer
and their family members.
A Cancer Nurse Counsellor
is available for One-to One
consultation. Please note, during
COVID-19 counselling is only
available on line or by telephone.
Call 086 8202447

ONLINE TALK

*Lymphoedema,
Prevention, Care
& Management*

*Wednesday 3rd February 2021
10am-11.30am
Speaker: Kay Morris
Senior Physiotherapist*